



Jenny Broughton MBE is a former FFLAG Chair and President. She has been very concerned about recent trends and we asked her to share her thoughts with us.

Thank you everyone who sent me good wishes after retiring as your president. Although not as mobile as I would like to be, I am well and very happy to be part of the South Wales group.

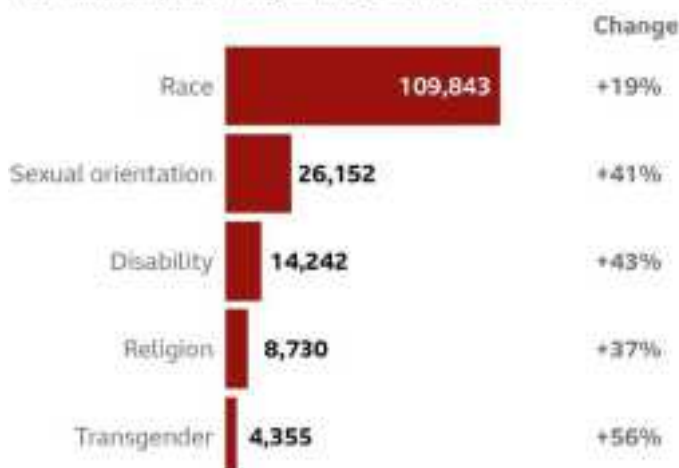
I am writing to you today because I am deeply concerned by the trends shown in the table below from the latest British Social Attitudes Survey and the hate crime statistics from the Home Office.

Table 5 Views about whether transgender people should be able to change the sex on their birth certificate, 2016-2021³

	2016	2019	2021
	%	%	%
Agree	58	53	32
Neither agree nor disagree	18	21	28
Disagree	22	24	39
<i>Unweighted base</i>	974	3224	3112

Hate crime by category, England and Wales

Total crimes in the year ending March 2022, with annual percentage change since March 2021



Every category of hate crime has increased significantly, and crimes against transgender people most of all. I am especially saddened by a statistic from the Government Equalities Office LGBT Survey in 2018 which showed that the brunt of what they called 'negative incidents' is being borne by LGBT+ people aged 18 to 24.

Why are our vulnerable young people the target of such hate? What are the reasons for this hostility? Behind hostility there is almost always fear and ignorance. The media and especially the 'social' media have contributed to the polarisation which has such a negative influence on public attitudes. As we found in the 1980s when we campaigned for the repeal of Section 28, the Equalisation of the Age of Consent and later, Civil Partnerships and Same Sex Marriage, changing the legislation is crucial but it does not always change hearts and minds.

So what can we, as parents, families, friends, do?

I am sure that FFLAG will continue to do the things we did previously to help get the law changed but I believe changing public attitudes needs something extra – and that something is us. Listening to the confusion and concerns of many parents of trans children I am reminded of the fears, concerns for their safety and their futures in an often-hostile world that many of us felt when our LGB young people came out. Perhaps the most effective influence we can have on those who express hostility towards trans people is to share those feelings, those parallels. That is the only sure way to combat misinformation in the media and to campaign for hearts and minds to accept all our children.

These trends of hate will end, just as they did before, and the more we speak out against them the sooner that day will come. In the end, hope and love will always conquer hate.

~ o ~ O ~ o ~

Links to the articles in this newsletter

From our team: [Chair's update](#) [Thoughts from our Vice-Chair](#)
[Update from Volunteer Co-ordinator](#)

Events across the country: [Trans in the City](#) [Pride at a Bristol school](#)
[Northern Pride](#) [Salisbury Pride](#)

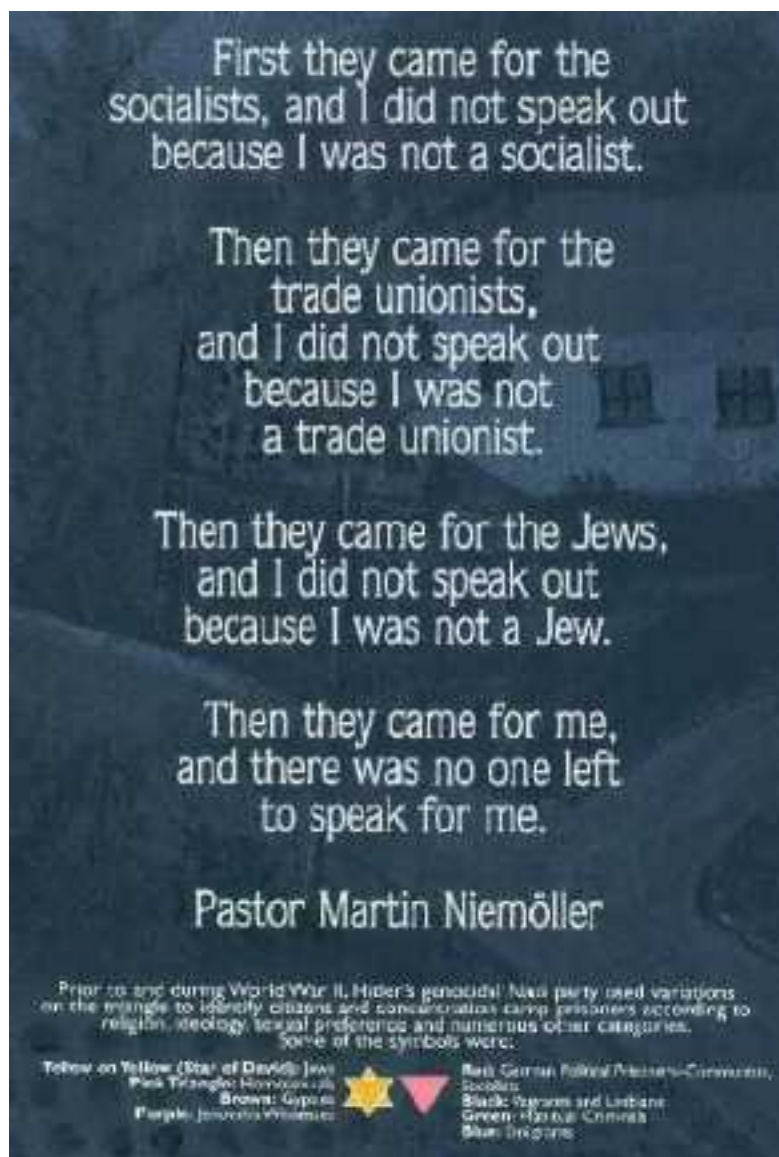
News from local groups:
[FFLAG Bristol](#) [FFLAG Cheltenham](#) [FFLAG South Wales](#)
[Families Together London](#) [Free 2 Be](#) [Jewish Parents Group](#)

Ways of supporting FFLAG: [Can you help?](#)



An update from Hugh Fell (he/him), the Chair of FFLAG

Our former president, Jenny Broughton, writes in this issue about the disturbing reversal in British attitudes towards LGBT+ people in recent years and the rising level of physical and verbal attacks that have followed. Hate crime is rising against all minorities but most of all against trans individuals. Jenny calls on us all to speak out against such prejudice in a way that recalls for me the words Pastor Niemöller used in 1946 in his apology for his failure to speak out against the Nazis in Germany.



After two long years of pandemic constraints, the joy of attending Pride events in person features throughout this issue. FFLAG took more people, flags and placards

to Pride in London this year than for several decades and the response to our group from onlookers, especially to the placards supporting our trans children, was palpable. Unsurprisingly, but sadly, the level of vitriol posted on our social media rose subsequently because of our higher profile.

Joining us to march at Pride in London was Bobbi Pickard, CEO of Trans in the City. The trustees are delighted that she has subsequently agreed to become a patron of FFLAG. Bobbi brings knowledge and connections to FFLAG that will help us to combat the fearmongering being aimed at trans children and their families.

It was very disappointing that a national rail strike was called for 17th September, when we had planned to hold FFLAG's post-pandemic Reconnecting Day, bringing together the FFLAG family and our friends from around the UK. The trustees now intend to rearrange this event in Spring 2023. Look out also for our national conference later next year to mark the 30th anniversary of FFLAG's foundation.

I am delighted that Emma Hague, whom we engaged to set up the volunteering programme that is essential to delivering FFLAG's mission in the years ahead, has now joined us as an employee having successfully completed the project. Her post has been funded by The Chris Graham Bell Charitable Trust and we are very grateful for their support.

In a new initiative, FFLAG South Wales launched Welsh language versions of our booklets at Cardiff Pride this summer. The translation and printing costs were funded by LUSH, whose regular support for FFLAG and our local groups has been consistent and deeply appreciated over many years. Being able to offer our materials in their mother tongue makes FFLAG's information accessible to many more schools and families in the Principality.

Finally, we are proud that Sue & Bob Allen and Janet & Bruce Kent were presented with the CEO's Award at the Trans in the City Gala held in London on 14th November. This much-merited award recognises the support they have been giving parents in Bristol for the last three decades and, in the last few years, nationwide (by Zoom). We salute and thank them!

We hope to see you at our Reconnecting Day and 30th Anniversary conference next year! We'll be in touch when the dates and venues have been arranged.



FFLAG's Vice Chair, Sarah Furley (she/her) provides us with a recommendation for some listening.

Listening to BBC Sounds one night I came across the comedy and poetry of Henry Normal. Many of Henry's observations are informed by his relationship with his son, Johnny, an artist, who was diagnosed with 'mildly severe' autism at the age of 3.

Through stand-up and comedy, Henry explores life's challenges and joys and I found myself laughing one minute and then deeply moved to tears the next. He tackles all sorts of subjects in shows such as 'A Normal Family,' 'A Normal Life' and 'A Normal Love.' These, and many more episodes are still available on BBC Sounds, but the poem 'This is not a House of War,' which you can hear at the end of the episode 'A Normal Community' really touched me and, I think, expresses FFLAG's mission with beautiful clarity.



I contacted Henry and he's given permission for us to share the poem in our newsletter. I hope you'll enjoy it and I wholeheartedly recommend exploring his other work, which you can find via his website <http://henrynormal.com/> I'm just hoping for him to come a bit further south so that I can see him live!

This Is Not a House of War – Henry Normal

Everything I want for my children, I want for your children.
Everything I wish for me, I wish for you.
This is not a house of fear. This is a house of life.
How can I not see myself in you?
If you look, how can you not see yourself in me?
You are respected as much as I am.
You are of worth in equal measure. You are family.
You are us.
This is not a house of intolerance.
This is a house of acceptance.
We are the house, you and I.
This is where you belong.
This is where we belong.
This is your house.
This is our house.



FFLAGparent2parent

You may remember in our last newsletter we introduced our Volunteering Project Manager, Emma Fletcher-Jones. She was brought on board to find volunteers for online support platform. Much has changed! Emma is married and now Emma Hague. And her role has expanded as she explains in her update

FFLAG's 'Volunteering Project' was launched in March 2022. Initially it was planned to recruit and register volunteers to support our new online platform which we called Parent 2 Parent. This has now developed into a wider volunteer scheme for FFLAG. We now have one Hub for 'all things volunteering' that I am now managing.

I am thrilled to say I will be staying on with FFLAG now that the original project has finished. It doesn't feel as though it is the end of a chapter, more so the natural step into the next. Seeking out parents who can volunteer to support our helplines is my current priority. We have the online platform, as well as our telephone and email helpdesks. I have established a full volunteer application process including online training and DBS checks. I am delighted to announce our first team of volunteers are ready to begin their roles with FFLAG.

If you are a parent and are ready to support others, we would love to hear from you, please contact me directly using the details below.

If you are not a parent but are reading this as a FFLAG supporter with time to give, I would still love to hear from you! We have many roles that require specific skills that we will be searching for in the New Year, such as Social Media, Website Administrator and PR & Marketing. Please contact me so I can tell you more.

You can contact me by email Volunteering@fflag.org.uk. Or you can call me directly: Emma Hague on 07743 555989

Don't forget to follow our newest social media pages to keep up to date with 'all things volunteering'

<https://www.facebook.com/fflagparent2parent>

<https://www.instagram.com/fflagparent2parent/>

Instagram





Trans in the City held a Gala day in November and several people from FFLAG went along. Keith Proudfoot (he/him), one of our Trustees, sent us this report

In Canary Wharf on a bright November day a FFLAG team attended the biggest gathering of Trans, Non-Binary and Gender Fluid people plus allies at *Trans in the City's* Gala Day. Over 600 people attended this event in person, with more joining via a live stream. There was a real sense of excitement and people seemed delighted to get together. It was a great atmosphere throughout the whole day.

From 10:00 to 15:00 there were seminars and training sessions as well as networking opportunities with other support organisations. Later on, in the evening, from 18:00 to 21:00 there were awards for role models, business leaders and leaders in diversity.



I am delighted to be able to report that the final award, the *Trans in the City* CEO's award, recognised four well known FFLAG stalwarts. These four have been running our on-line UK-wide Zoom meetings and have been organising face to face group support meetings in Bristol for 30 years.

During lockdown, *Trans in the City's* CEO Bobbi Pickard joined these Zoom meetings. She was such a boon for our parents seeking to understand more and to better support their trans children. Her insights and wisdom have been highly valued. It is wonderful that, in turn, she has been moved to recognise in such a public way what Sue & Bob Allen and Janet & Bruce Kent have achieved over such a long time.

Bruce Kent have achieved over such a long time.

Congratulations to Sue, Janet, Bob and Bruce on their award. And congratulations to the team at Trans in the City for organizing such a wonderful day. You can read more about Trans in the City on their web site www.transinthecity.co.uk





FFLAG Bristol are pleased to support Edel Cronin (she/her), a Vice Principal at Fairfield High School in Bristol. We asked Edel to tell us about some of the amazing Pride events she organised during July.

'As parents we want our children to grow up feeling safe, loved and secure in the knowledge that they have a place in society.'

The above quote is taken from the FFLAG website. It sums up perfectly what families want for their LGBTQ+ children and what we as educators want to ensure is echoed in our schools. We started planning for Pride in my school by asking students what they wanted to see happen in school across the month. Students asked for wider representation of LGBTQ+ intersectional stories, space to hear the lived experience of LGBTQ+ people, celebration of LGBTQ+ people and information on where LGBTQ+ is taught in our curriculum across the school.

We started our celebration with a whole school assembly from Just Like Us. Every member of our school community heard from Just Like Us Ambassadors about their experience as LGBTQ+ people and learnt tips on how to tackle homophobia and transphobia. Deaf Rainbow delivered an assembly in British Sign Language (BSL) on the theme of LGBTQ+ Deaf experiences and taught all staff and students how to say LGBTQ+ in BSL.

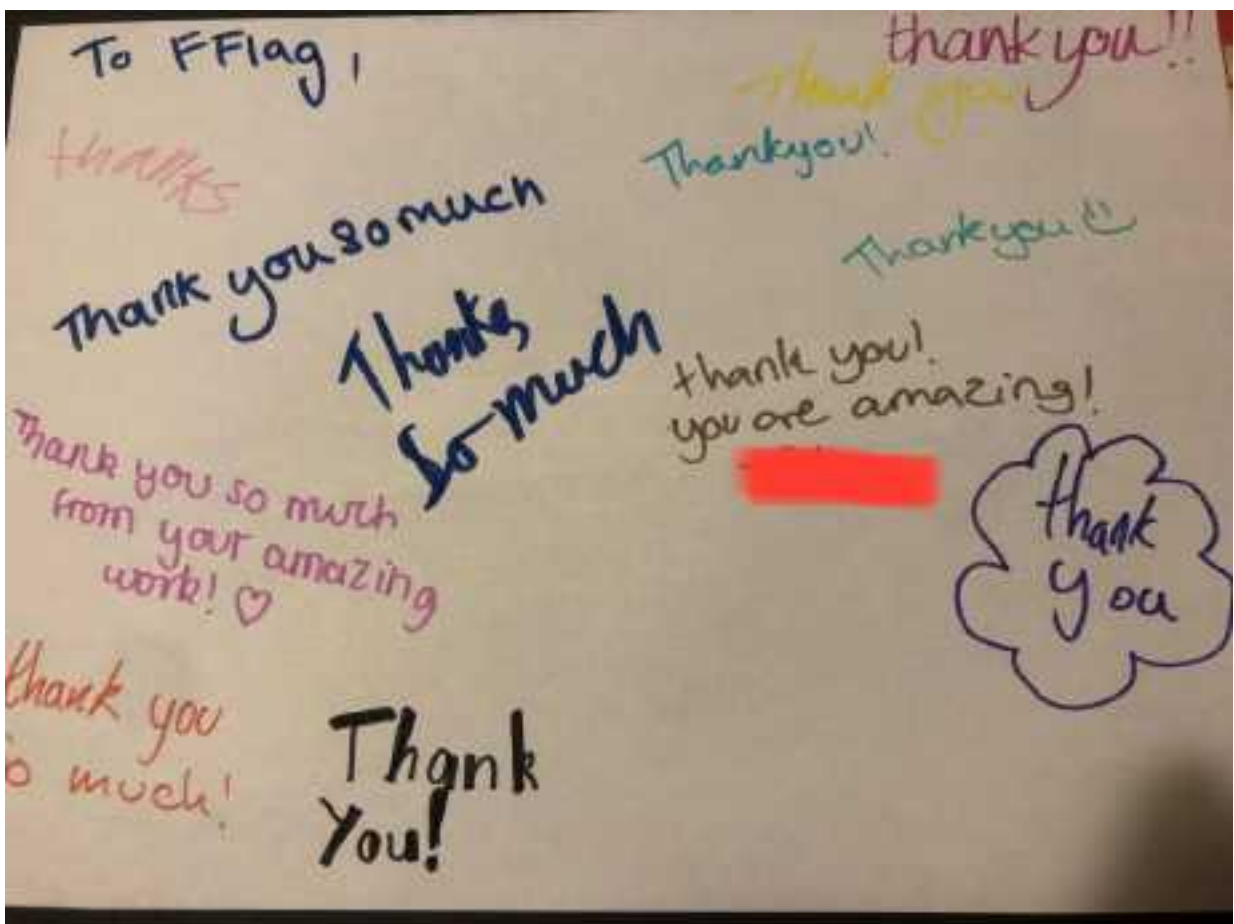


Speakers from across Bristol came to talk about their experiences and organisations. Brigstowe, a local charity working with people with HIV and other long term health conditions, spoke about the positive medical advancements that have improved the lives of people living with HIV and AIDS. They also talked about the intersection between the HIV and AIDS crisis with LGBTQ+ history. Kaz from Trans South West spoke about their life as a Trans woman in STEM. A representative from St. Nicolas of Tolentino Roman Catholic Church spoke about being Gay and Catholic. They shared how the church provides LGBTQ+ inclusive mass for their congregation in Bristol. Travis Alabanza spoke about how to get work published and stage productions funded using non-traditional routes based on their experience as a Bristol writer and performer. Travis encouraged people to read widely and write daily. Hidayah presented on the work their organisation does to support LGBTQ+ Muslims and the various ways they create spaces to celebrate being both Muslim and LGBTQ+.

Our library ran an event to celebrate the popular book series and Netflix series, Heartstopper. Throughout the month, every subject displayed posters highlighting how their subject currently includes or is planning to include LGBTQ+ representation.

We ended Pride with a Pride Uniform Day where everyone in the school wore Pride colours in addition to their school uniform. We also had other schools from across Bristol visit our school for a range of talks and workshops that included gardening for well-being and Lesbian representation in History, to name just two. Students also had the chance to hold a Q&A with some local councillors and discuss what needs to happen to make our city even better for LGBTQ+ people. Our school Trust also held a Trust Pride shared lunch with rainbow cookies and Just Like Us delivered a workshop on LGBTQ+ representation throughout history.

Resources were delivered by FFLAG Bristol and were available to all staff and students during these events thanks to FFLAG's generosity.



A thank you card FFLAG received from some of the students after the Pride events.



This year Northern Pride in Newcastle was designated The UK Pride and Janis (she/her) and Keith (he/him) Proudfoot, two of our trustees, went along on the day to fly the FFLAG

Despite notification of arrangements arriving as a late flurry, FFLAG had a stall at Northern Pride (2022's UK Pride) for the first time on 23rd July. Pride was held on the famous Town Moor in Newcastle upon Tyne and our stall was situated in the aptly named Rainbow Village.



It wasn't our first time at Northern Pride as we had helped for a number of years with Parents Enquiry North East's (PENE) legendary Tombola Stall led by Joan Small who is well known in the North East for her decades of supporting parents and their LGBT+ children. We became involved with FFLAG when PENE took on the running of FFLAG's National Helpline some years ago and became FFLAG Trustees in May 2020. We were very keen to raise awareness of FFLAG in the North East, especially as there has been a noticeable gap in parental support since PENE wound down.

It was with some trepidation that we "set up shop" and we were very grateful to be joined by FFLAG Volunteer Co-ordinator, Emma Hague, and her friend Charlotte. Our fellow stall holders were so friendly and welcoming and we made some great connections during the day. Keith took part in the Pride March before the Rainbow Village opened and I visited other stalls. It was great to talk with people from other organisations and find out about the amazing work so many people are doing to support LGBT+ people across the North East.



The atmosphere throughout the day was buzzing and there was an overall sense of happiness and joy, with everyone feeling comfortable and safe being themselves. We had a constant stream of visitors to the stall; parents, LGBT+ people of all ages and those from other organisations, who were very interested to hear of our work. Our Support Booklets flew off the stall, in particular we ran out of copies of "A Guide For Family and Friends – Transgender" and "How do I tell my parents I'm Transgender?" which shows the ever growing need for Trans support for all age groups.



We were also very privileged to hear many people's personal stories and challenges which really underlined why holding and attending Prides is so essential. We were exhausted at the end of the day but felt very proud to have been able successfully to fly the FFLAG in the North East and are already looking forward to next year!



When people think about Pride events too many of us imagine huge parades and tens of thousands of people, like in London, Birmingham and Manchester. We love those events, of course, but at FFLAG we also support many of the smaller events in towns and cities across the country. Janice Fakes (she/her) went along to Salisbury Pride and sent us this report.

I've been to London Pride before where the positivity, happiness and colour is incredible. This year I went to Salisbury Pride with my son, Gary, and my husband, Jim, and we found it to be equally as wonderful and inclusive!



Salisbury Pride was a free ticketed event. It was so popular that all the tickets were taken up in advance. Like other Pride events it attracted people of all ages. It was arranged with many stands around the arena representing various sections of the community. People were handing out leaflets with the LGBT+ logo on them and it was great to see our own FFLAG leaflets had been shared out and were available on lots of stalls. They were available from groups as different as an alcohol/addiction support group, the Samaritans, the Salisbury Fire Service, and a local church who were also giving out their own leaflets.

Salisbury Sexual Health and HIV Clinic also had a stand and were very happy to take a mix of all FFLAG Booklets, pens etc - as did the very popular Salisbury Pride Merchandise tent.

There were activities set up for children in the busy young peoples' area which included face painting, arts & crafts etc plus 'koala community hub' which is for autistic/neurodivergent children and young people.



The stage provided a flowing programme of great live music that was wonderful, and a drag queen was brilliantly entertaining amongst the crowds.



We chatted to the Salisbury City Mayor, Tom Corbin, as well as Salisbury Sexual Health & HIV Team, both who were happy to be in our photos.

The mayor took one of our FFLAG cards and immediately scanned the QR Code to follow FFLAG on twitter. As you can see, he was very happy to have his photo taken and looked fabulous in his ceremonial mayoral chain and rainbow tie.

The event was truly amazing – we had a brilliant time!



FFLAG Bristol has been very active around Pride in the city. Sue Allen (she/her) updated us on activity before the day and Caroline Hayward (she/her) was our reporter on the day.

During the lead up week to Bristol Pride on Saturday 9th July there were several events held in and around Bristol. FFLAG was invited to have a stall at the 'Sing Out for Bristol Pride' event held in St. George's Chapel on Wednesday 7th July, where choirs within the LGBT+ community took part in an evening of wonderful music to raise funds for Bristol Pride.

There was quite a bit of interest at the stall where we were able to share our booklets and information, meet old friends and make new ones.



After a 3-year break, Bristol held a fully-fledged LGBT+ Pride celebration on Saturday 9th July. The joyous Pride Parade ("Be Loud, Be Proud, Be Visible!") of over 19,000, snaked its way through the city, followed by the main event of the Bristol Pride calendar - Pride Day - on the Downs. Over 40,000 people made a rainbow riot of colour and sequins on a hot summer's day - there was a real festival and family atmosphere. FFLAG was proud to be at the heart of this very well organised event - our stand had a prime spot in the Community tent. A constant stream of parents, LGBT+ people and their allies,

together with representatives from various agencies, came to our stand to chat, browse and take our LGB and Trans leaflets. Old acquaintances were renewed and new friendships made.

It was particularly noticeable and heart-warming to see how many parents were celebrating alongside their LGBT+ youngsters this year. It was also encouraging to hear people of all ages relating how FFLAG has helped them on their particular journey and several times we were encouraged to "Keep the FFLAG flying!" An extra bonus of the day was meeting up with Peter Tatchell, a patron of FFLAG, who works so tirelessly on behalf of the LGBT+ community. Others visiting the stand clearly do not have the support and love of their families - making us realise that there is still much to be done...





Overall, it was a day filled with love, celebration and affirmation. As we headed home, the event continued into the night with Carly Rae Jepsen and many others entertaining the crowd across 5 stages.



~ o ~ O ~ o ~



Alison Walsh (she/her) from Parents of Jewish Gays and Lesbians sent us a message about the group.

“Parents of Jewish Gays and Lesbians” is now back supporting with face to face meetings. More recently the group has been enriched by parents of Jewish trans joining and sharing their insights.

Contact details: [Email: parentsigl@gmail.com](mailto:parentsigl@gmail.com)

<http://parentsofjewishgaysandlesbians.co.uk>



FFLAG Cheltenham have had a really busy spring and summer. Jules Tayler (she/her) sent us this update of what has been happening since our last newsletter.

April saw FFLAG have a stall for 3 days at the NASUWT Conference in Birmingham. FFLAG Cheltenham was able to attend 2 of the days, along with Sarah, Hilary, Colin and Vicky. What a fantastic couple of days it was. It was invaluable and enjoyable. We had many conversations and it was important to make teachers aware of our booklets, which we know young people find so useful. A definite must for next year.



During May, FFLAG Cheltenham attended an LGBT+ Partnership Outreach Day, as well as Pride in Gloucestershire Picnic in the Park in Cheltenham. This is always very well attended, but sadly the heavens opened in the afternoon and so this did put a bit of a dampener on the day. However, it was good to meet up with the rainbow community as always and make connections.

As a result of being approached by Kohler Mira at Picnic in the Park, I was asked if I would give a talk to their associates about FFLAG in June. With support from Sarah and with some trepidation, I found myself spouting away. My talk must have gone well as I was asked if they could maintain contact and have subsequently done so!





July there was a jolly day at Pride in London along with other FFLAG volunteers and what a wonderful day it was! After 2 years everyone celebrated the day with much gusto!



August found FFLAG Cheltenham attending another LGBT+ community engagement event in Cheltenham – this was to help make people aware that Gloucester Pride was taking place a few days later. Sadly, Pride was cancelled due to the Queen's death, but is going to take place in October and we will be there.

There are more things coming up and FFLAG Cheltenham has been invited to be on a panel at the University of Gloucester for an inclusion week event for students covering all things LGBT+. This will be a great opportunity for us and a chance to show all the students that FFLAG supports our LGBT+ loved ones, with pride.



Hilary Beynon (she/her) sent us an update from FFLAG South Wales, where they have been incredibly busy and have lots of news for us

At FFLAG South Wales we haven't wasted any time getting back into the swing of celebrating *Pride*. Equipped with our new trolley we were busy at Abergavenny, Newport and Cardiff events. The three *Prides* were each so different in character that I thought I would tell you a little about our experiences at all three.



Cardiff Pride



At Cardiff it was a thrill to meet FFLAG's newest patron, Bobby Pickard and to be supported yet again by our dear former president Jenny Broughton.

We made many new friends and met some famous faces! Cardiff was the showcase Welsh capital city event visited by Welsh First Minister, Mark Drakeford and others. It was hectic and exciting.



Abergavenny Pride



Abergavenny was a more intimate small town event which attracted to our stall some parents who perhaps were not ready to venture to Cardiff. St Mary's Priory Church in the town centre was a wonderful setting on a hot summer day.



Newport Pride

"Pride in the Port" in Newport was certainly the most relaxed event for us. The beautiful Bellevue Park on the edge of the city offered ample parking, excellent catering facilities and fabulous family entertainment.

We are looking forward to meeting some of the new parents from all of these wonderful events at our next face to face meeting.



In addition to attending these different Pride events FFLAG South Wales have been building on contacts from other events. In our last newsletter, we reported on FFLAG's stall at the NASUWT conference in Birmingham. As a result of that, FFLAG South Wales accepted an invitation from staff at Ysgol Bodedern on Anglesey. It is a co-educational secondary school and the school is bilingual so lessons are taught both in English and Welsh.



It was a bit of a trek from Abergavenny to Bodedern in June, but what a delight to meet two groups of year 9 students there. This was our first chance to use our Welsh language materials and to talk about FFLAG in Welsh.



Students were very knowledgeable about LGBTQ+ issues. They asked questions about FFLAG and were also most interested as Hilary talked about her family and had lots of questions about that too.

Thank you Ysgol Bodedern!



Finally, FFLAG South Wales is now on Instagram! Thank you Noah for setting this up. Use the QR code to open Instagram FFLAGSouthWales





Lucie Brooke (she/her) the Director & Co-founder of Free2B, a South London group for parents and young people, updated us on their latest activity with parents.

Here at Free2B we continue to run a mix of online sessions and in-person trips.



On the 9th July we enjoyed a fabulous Picnic at Trans Pride London with our parent members and their families.

For many it was the first time they got to meet each other in person!



And with huge thanks to the Old Vic Theatre our Proud Parents and their families were able to enjoy **I, Joan** at Shakespeare's Globe during the school summer holidays.



Feedback across the group was fantastic:

- *'It was a brilliant piece of theatre and just amazing for our non-binary child to see themselves represented on stage like that.'*
- *'It was incredible - the young non binary lead was amazing, what a debut!'*
- *'The writing was amazing. And the lead blew us away!'*

We are now busy planning our October half term trip...watch this space!

~ o ~ O ~ o ~



Families Together London is a support group for the parents, families and friends of LGBT+ people. Jackie Briggs (she/her), a member of the Steering Committee, provided us with an update

Since the last Newsletter, and post the pandemic, FTL is beginning to regain momentum. We are starting to get more members at our in-person meetings on the fourth Saturday of the month. We think this shows that people feel the need to meet and engage this way, as well as at our monthly Zoom meetings. FTL-T has a very strong support network and their Zoom meetings are well attended with their WhatsApp group allowing parents at any time to exchange information and share worries which can occur unexpectedly. I know people sometimes throw their hands up in the air when it comes to the dependence we appear to have on these smartphones but they most certainly have a place in society and for us at FTL and other organisations they are a blessing.

It has been a very long hot summer - remember that when we experience the winter months! We were blessed with the most perfect day for Pride in London this year. Sun, some clouds and a gentle breeze on occasion. Pre-pandemic we were contacted by a company called Ramboll who had seen us at Pride in London in 2019 and wanted to be connected to us. Covid struck 😞 and everything was put on hold. We did manage one meeting at their beautiful offices in London but that was it for quite a while. I did try and keep the interest up and as things began to ease we regrouped via Zoom and things started to gather momentum. Ramboll wanted to walk in the Pride Parade but had no specific plans so I suggested if they wanted to join FTL under our banner, they would be most welcome. In fact, the make-up of the group was 30 Ramboll members of staff and families and 40 FTL members and their families. We had our allotted 70 wristbands and still had a waiting list 😊 of people wanting to join us.

What an occasion it was! Ramboll provided the flags, balloons and balloon structures and I provided the megaphone to keep us in order. 😊 Well you try shouting instructions to 70 very excited people!! We were honoured to have Ramboll's U.K. Managing Director, Philippa Spence, as part of the group and post-Pride in London Mary and I met with Philippa for lunch and a discussion as to how we move on with Ramboll championing us. As they say, watch this space.

We do hope to have our November fund-raising lunch this year but no plans are yet in place.

We continually get new parents contacting us from all parts of the UK and abroad too. Zoom allows anybody to join a meeting wherever they are. We grow with confidence and look forward to helping more families in need of support.



Can you help FFLAG?

FFLAG is a tiny charity run primarily by volunteers.
If you can, please help to secure our future by supporting us financially.

Standing orders & Gift Aid	Please download and complete the forms from the Downloads section of our website www.fflag.org.uk/booklets-posters-forms/
Cheques	Please send cheques to PO Box 495, Little Stoke, Bristol BS34 9AP
Credit and debit cards & PayPal	Click the "Donate Today" button on any page of our website www.fflag.org.uk
Give As You Live	Over 4,400 UK retail businesses, such as Boots, John Lewis, Marks & Spencer, Next and many more will donate up to 10% to FFLAG when you shop online from them. For more details see www.giveasyoulive.com/join/fflag
AmazonSmile	If you shop at Amazon, please make FFLAG your nominated charity for us to receive 0.5% of the value of your eligible purchases. For more details see https://smile.amazon.com/gp/chpf/about

"Supporting Families and our LGBT+ loved ones with Pride"
FFLAG, PO BOX 495, Little Stoke, Bristol, BS34 9AP
Website: www.fflag.org.uk E-mail: info@fflag.org.uk
Registered in England & Wales. Charity no: 1079918

