



FFLAG DE CYMRU

FFLAG SOUTH WALES



Are you the parent or carer of an LGBT+ young person?

Ydych chi'n rhiant neu yn gofalu am berson ifanc LHDT+?

We are mostly mums and dads ourselves who meet each month in or near Cardiff or on *Zoom* to share experience and support each other confidentially.

Mamau a thadau ein hunain, ni'n cwrdd pob mis o gwmpas Caerdydd neu ar *Zoom* er mwyn rhannu profiadau a chefnogaeth mewn cyfrinachedd.

For more information call Hilary on
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